

## **Be a Successful Human**

### Qualities that are important to be a successful human

- Realize that each of our gifts is unique. When doors close in our face go through the doors that open for us.
- Pain in life is often unavoidable. When confronted with physical or psychological pain we can either moan about how life's not fair or learn humility, forgiveness and compassion for others and ourselves because everyone – without exception – experience some kind of pain.
- There are no accidents. We need to embrace opportunities that come our way, no matter how strange or how scared we are of falling.
- True heroism is not found in reality TV shows where people eat worms. True heroism is becoming the best human being that we are capable of becoming.
- Be grateful for opportunities that are given to you and for people who are kind and generous to you.
- Have a good sense of humour and the ability to laugh at yourself. Take yourself lightly and you'll bounce back on track quickly.
- Realize that there are many kinds of intelligence and emotional intelligence is as important as having a high IQ. Data indicates that emotional intelligence is one of the highest predictors of success in both life and work.
- Commit to doing the best you can. Each of us has a different starting place and no one but us knows how much we have given to achieving our goal. Whether others think you are a success is not nearly as important as your pride in yourself that comes from showing up fully.
- Tell the truth and be honest. You might disagree with me as everywhere we see evidence of corruption. The path of me, me, mine is one of greed and has led to my generation leaving the next one with polluted air and denuded forests, bottled water and poisoned earth. However, I chose a path of hope and optimism. I strongly believe that the millions of people around the world have the range of gifts that will take humanity and the earth into its next stage of evolution.
- The tenth quality is alignment to the natural and spiritual laws on which our world is founded. It is dedicating our lives to make a positive difference in the world in whatever profession or work we choose. Let us share our earth in love and gratitude and develop wisdom of the heart, as well as wisdom of the mind. This is the last key to being a successful human.

Excerpts from an article by Tanis Helliwell  
[www.iitransform.com](http://www.iitransform.com)

Gary Millar  
Tel. (780) 467-6121  
Email: [gary@millarcom.com](mailto:gary@millarcom.com)



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